

## Occupational Safety, Health, and Emergency Response Training

FICG conducts regular occupational safety courses and necessary drills for all employees annually. The goal is to enhance workers' awareness and foster a safe and healthy workplace through continuous education and advocacy. In 2024, a total of 1,028 participants completed occupational safety and health (OSH) training, with a combined total of 1,749.36 training hours.

## **Training Summary**

Category	<b>Total Participants</b>	<b>Total Hours</b>
OSH training for new hires and current employees	784	1000
Training for OSH managers and first-aid personnel	20	372.26
Fire safety and first-aid training and drills	100	201.5
Workplace safety and mental well-being courses	124	172.6
Total	1028	1749.36

## **Target Audience:**

These courses are designed for new employees, current staff, and emergency response teams. Additionally, supervisors, OSH personnel, and first-aid staff are legally required to obtain relevant certifications and complete regular in-service training to stay updated on the latest safety and health



practices.

## **Disaster Prevention Measures:**

To prevent accidents and injuries during holidays and typhoon-related disasters, the company sends friendly email reminders to employees. These reminders emphasize checking and securing office windows, doors, and power supplies before leaving work, while also encouraging everyone to remain vigilant about personal and environmental safety.

2024 OSH Training Programs					
Category	Course Name	Total Participants	Total Training Hours		
OSH training for new hires and current employees	[New hires Orientation] General Employee Safety Training / Occupational Safety and Health Awareness	10	30		
	2024 General Safety and Health Education Training	382	382		
	Occupational Safety and Health Education Training	392	588		
Training for OSH managers and first-aid personnel	OSH Supervisor Training and Refresher Course (Category A)	2	48		
	First-Aid Personnel Safety and Health Training	8	147		
	Radiation Safety Training for Operators	1	18		
	OSH Management Training (Category B)	1	115		
	Initial and Refresher Training for Fire Safety Managers	2	18		



	Occupational Health Nursing Staff Safety and Health Continuing Education (Session 22933)	1	12
	Organic Solvent Supervisor Periodic Refresher Training	1	6
	Occupational Accident Worker Protection and Return-to-Work Advocacy Seminar	1	8
	Rehabilitation and Psychological Empowerment Training Program for Occupational Accident Workers	2	0.266
	Occupational Accident Prevention and Functional Rehabilitation	1	3
	Fire Safety Education and Drills	41	58
	AED and CPR First Aid Training and Drills	37	55.5
Fire safety and first-aid training and drills	Fire Safety Seminar: Emergency Response in Fire Situations	22	88
	Maximizing Gen Z Strengths: Building an Intergenerational Collaborative Workplace	1	3
	The Power of Empathy: Attitudes and Techniques for Empathetic Communication	1	3
Workplace safety and mental well-being courses	Muscle Health Matters: Preventing Sarcopenia	27	27
	Posture is Power: Say Goodbye to Pain	39	58.5
	[Occupational Safety Office] Workplace Mental Health Seminar: 'We Care About You'	42	57.5
	Sitting Too Long Can Hurt: Proper Posture to Avoid Workplace Pain	3	4.316



Total Hours	1749.36	
Total Participants	1028	
Stay Healthy at Work: Self-Massage Techniques for Office Workers	3	3.4
Workplace Positivity: Emotional Transformation and Stress Relief	3	5.55
Creating Psychological Safety: Building a Cohesive Team	1	0.68
Office Worker Wellness: Preventing Workplace Injuries	1	2.7
Work Fatigue Remedy: DIY Myofascial Release	3	6.95